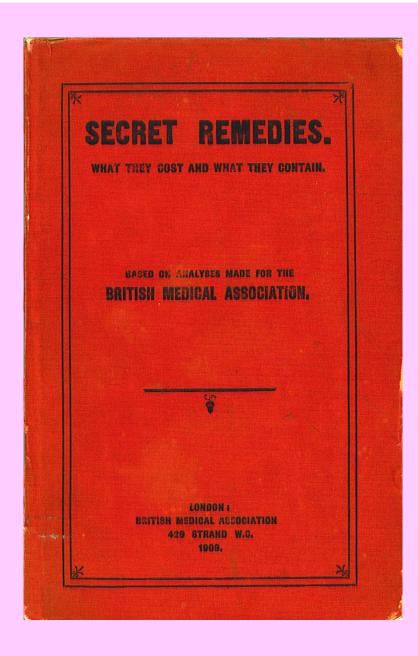
What They Cost and What They Contain

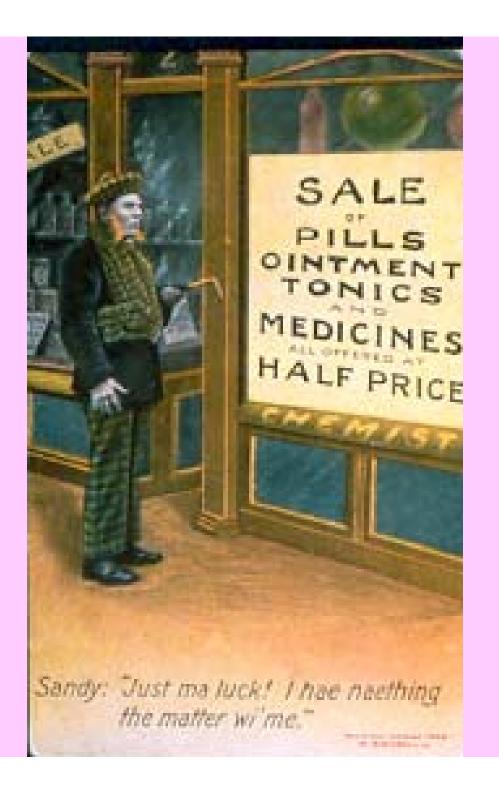


Peter G Homan

FRPharmS, MCPP Emeritus Honorary Secretary BSHP



Images courtesy of the Museum of the Royal Pharmaceutical Society



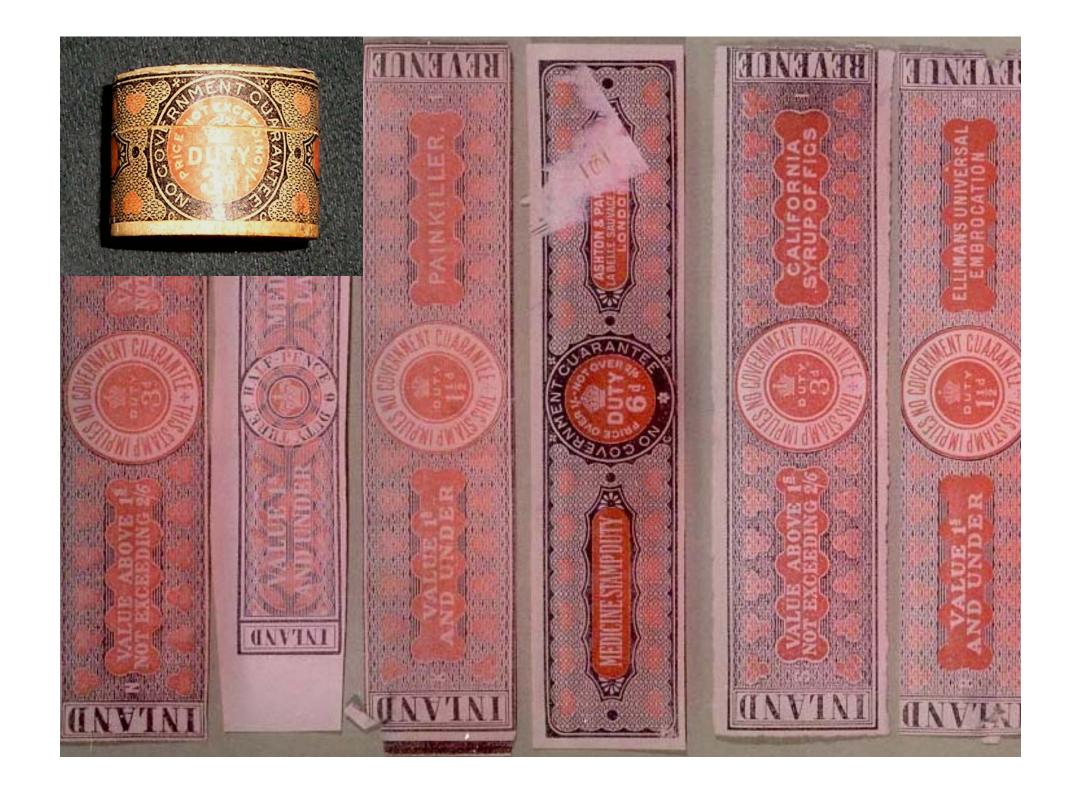
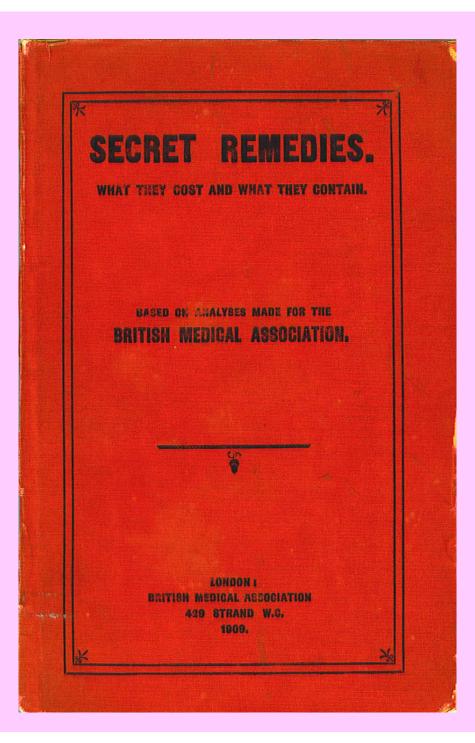


TABLE SHOWING RATES OF DUTY, NUMBER OF ARTICLES STAMPED AND APPROXIMATE SUM PAID BY THE PUBLIC IN THE YEAR ENDING MARCH 31ST, 1908.

Price of Article without stamp.	Stamp		Price paid by public.			
£ s. d. 0 1 0 0 2 6 0 4 0 0 10 0 1 0 0 1 10 0	s. d. $0 1\frac{1}{2}$ 0 3 0 6 1 0 2 0 3 0	33,037,202 7,565,822 1,002,549 122,249 18,445 11,308	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$			
		41,757,575	3,230,401 5 6			

Secret Remedies; what they cost and what they contain, British Medical Association, 1909, Page 183.



It is not, however, only the poorer classes of the community who have a weakness for secret remedies and the ministration of quacks; the well-to-do and the highly-placed will often, when not very ill, take a curious pleasure in experimenting with mysterious compounds. In them it is perhaps to be traced to a hankering to break safely with orthodoxy; they scrupulously obey the law and the Church and Mrs. Grundy, but will have their fling against medicine. Usually, however, people of these classes take to some system. It used to be electricity or hypnotism or some eccentricity of diet; nowadays it is more often Christian Science.

Secret Remedies; what they cost and what they contain, British Medical Association, 1909, Page vii

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"	VII.—Kidney Medicines						66
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CHAPTER I.

CATARRH AND COLD CURES.

THE analyses here given of some of the proprietary articles which the public are induced to buy for the cure of ordinary colds and catarrh furnish a good example of the absurdity of the barefaced pretensions in which nostrum-mongers indulge, for minor ailments are by no means neglected by the makers of nostrums; if the price to be obtained is somewhat lower than in the case of more serious disorders the cost price can be reduced in an equal or greater proportion. Alarming accounts, too, of the evils to be expected if resort be not had to the advertised articles are not wanting. Thus, in the advertisement of one of the articles described below, it is stated that catarrh " invariably creates biliousness, constipation, pleurisy, asthma, bronchitis, catarrhal fever, and consumption"; also that "it is estimated that over 20,000 people died in the United Kingdom last year of consumption caused by catarrh." The remedy put forward for this malignant disease is shown by analysis to consist of a solution of a pinch of common salt with a trace of carbolic acid, the actual cost of the quantity sold for a shilling being one-thirtieth part of a farthing. The probability that many people would regard a slight cold in the head as not requiring a resort to a "specialist in chronic disease in every form " such as the proprietor of this preparation, is turned to account by a disparaging reference to the medical profession. "Catarrh," we are told, " in its chronic form (and the complaints arising from it) is a malady which has not, up to the present time, received that attention and research from the medical faculty

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Secret Remedies; what they cost and what they contain, British Medical Association, 1909, page 1

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2

which it deserves. Most practitioners have given it merely a passing thought, or poohed at it as a mere cold which would soon pass off, and perhaps give some light tonic to tone up the stomach." Another of the "remedies" described well illustrates the way in which the public is deluded by such "specialists"; camphor, quinine and ipecacuanha are frequently employed as domestic remedies in the early stages of a cold in the head, and persons who believe in their usefulness can no doubt be induced to buy a "cold cure" which professes to contain them in combination with other drugs, presented in a form convenient and agreeable to be taken; but in the tablets which are represented as consisting of cascara, bromide, quinine, ipecacuanha, camphor and bryonia, analysis did not reveal any appreciable traces of cascara, bromide, quinine, ipecacuanha, or camphor. The principal ingredients actually present were cinchonine, an alkaloid found in the bark from which quinine is prepared but cheaper than quinine, and acetanilide, a chemical better known under the name antifebrin, both in very small doses. .

Many proprietary medicines of varied kinds are recommended for colds among a host of other complaints for which they are stated to possess curative powers. Apart, however, from such inclusive recommendations, a considerable number are put forward expressly and primarily for cold and catarrh, and it is a selection of these which is here described.

DR. LANE'S CATARRH CURE.

This is prepared and sold by a Company giving an address in London. The price is 1s. a bottle, containing 2½ fluid ounces.

Much printed matter is supplied with this preparation, and a few extracts are here given :

Catarrh, in its chronic form (and the complaints arising from it), is a malady which has not, up to the present time, received that attention and research from the medical faculty which it deserves. Most practitioners have given it merely a passing thought, or poohed at it as a mere cold which would soon pass off, and perhaps give some light tonic to tone up the stomach. And therein lies the fatal error, for Catarrh is a disease that cannot be trifled with, as millions can only too surely testify. 3

... to let any part or organ of the system become diseased breds the seeds of a host of other complaints, as all the organs of the body are in sympathy with each other. The cause of this is easily explained in a case of Catarrh ... It invariably creates Biliousness, Constipation, Pleurisy, Asthma, Bronchitis, Catarrhal Fever, and Consumption.

It is estimated that over 20,000 people died in the United Kingdom last year of Consumption caused by Catarrh.

The speciality of myself and Associate Physicians is chronic disease in every form. Our library was selected to this end, and the Herbal World explored for this purpose—the successful treatment of chronic disease.

We have never seen one out of five hundred of the patients whom we have cured. Most cases can be treated just as well at a distance as if we saw them in person; as our experience enables us to judge correctly from a written description the nature and extent of the disease under which the patient is labouring.

The preparation is described on the wrapper as :

The Only Reliable and Effective Preparation for the Permanent and Radical Cure of this most dangerous disease.

The directions on the label are :

For Catarrh.—Pour one-half tea-spoonful in the palm of the hand, clese one nostril with the finger, and inhale the liquid through the open nostril with sufficient force to carry the spray down into the throat. Inhale another half tea-spoonful through the other nostril in the same way; it is not advisable to swallow the Catarrh Cure—however, it is perfectly harmless if you chance to do so. Use night and morning and in extreme cases three times a day.

Analysis showed the composition of the liquid to be :

Phenol (carbolic acid)		 	0.4 part.	
Sodium chloride (common	salt)	 	3.3 parts,	
Water to			100 fluid parts	

The traces of impurities usually present in common salt were also found.

The estimated cost of the ingredients in $2\frac{1}{2}$ fluid ounces is one-thirtieth of a farthing.

VAN VLECK'S CATARRH BALM.

This balm is supplied by an American Company having an address in London. The price charged is 4s. 6d. for a package containing $1\frac{1}{8}$ oz.

In an accompanying circular it is stated that :

This preparation is perfectly harmless, readily absorbed, and through its healing, soothing action affords immediate relief and quickly cures Catarri of Λ 2

Secret Remedies; what they cost and what they contain, British Medical Association, 1909, page 2

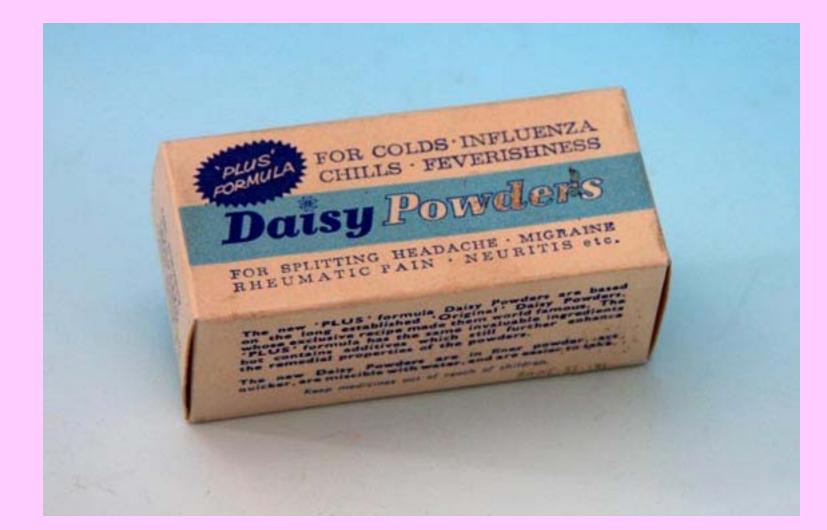
CHAPTER II – COUGH MEDICINES



CHAPTER III – CONSUMPTION CURES



CHAPTER IV – HEADACHE POWDERS



CHAPTER V - BLOOD PURIFIERS



CHAPTER VI – REMEDIES FOR GOUT, RHEUMATISM, AND NEURALGIA



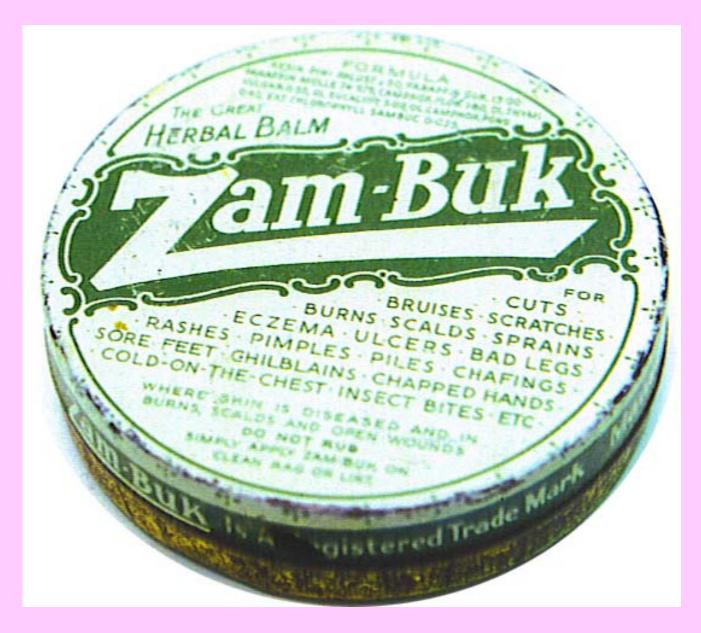
CHAPTERVII – KIDNEY MEDICINES



CHAPTER IX – OBESITY CURES

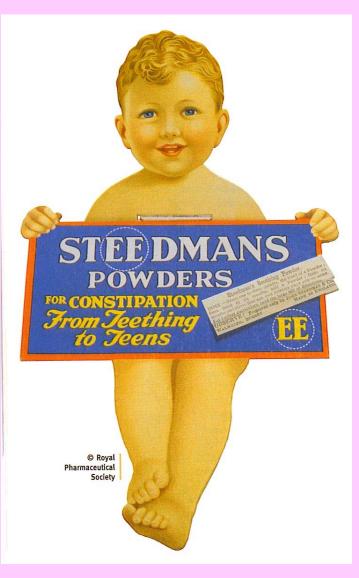


CHAPTER X – SKIN DISEASES



CHAPTER XIV – SOOTHING, TEETHING AND COOLING POWDERS FOR CHILDREN





CHAPTER XV1 – REMEDIES FOR EYE DISEASES



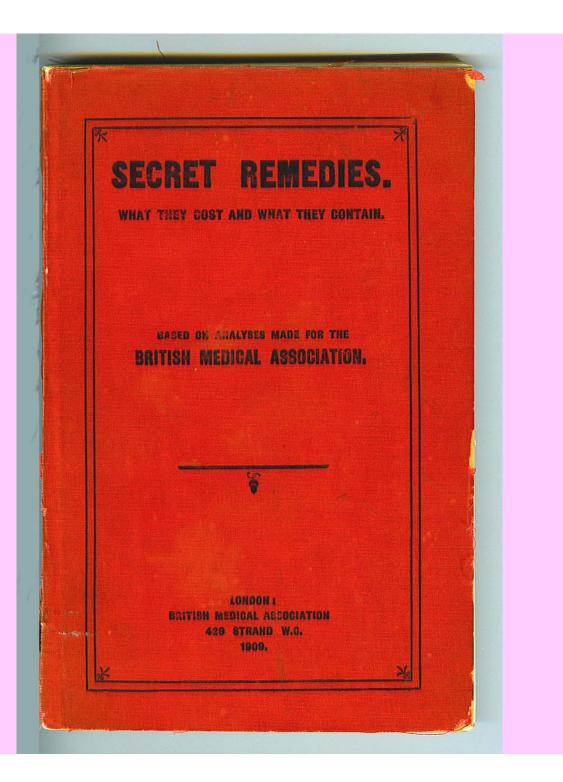
CHAPTER XV11 – REMEDIES FOR PILES



CHAPTER XX – CURE ALLS









WHAT THEY COST AND WHAT THEY CONTAIN.

BASED ON ANALYSES MADE FOR THE BRITISH MEDICAL ASSOCIATION.

DHE HUNDRED AND FOURTEENTH THOUSAND.

LONDON : BRITISH MEDICAL ASSOCIATION 429 STRAND W.C. 1909.

PRICE ONE SHIELING HET

MORE SECRET REMEDIES. WHAT THEY GOST AND WHAT THEY GONTAIN.

BRITISH MEDICAL ASSOCIATION.

SECRET REMEDIES-SECOND SERIES.

Price 1s. net.

LONDON: BRITISH MEDICAL ASSOCIATION 429 STRAND, W.C. 1912.

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Enjoy relief from lower back pain! The Doctor Approved 'Pelvic Back Ease Belt' will -**Banish Lower Back Pain Quickly – Even if You've Suffered for Years!** "I retired a good few els upward from the pelvic years ago, but I still do area and strikes your back Belt! It has given me back is typical of hundreds that

next year!

Eighteen months ago, I was having a great deal of trouble with lower back pain. In fact, I could barely walk across the room - or lower back pain stoop to pick something up without suffering excruciating pain. A friend recommended a highly-regarded (but expensive!) doctor that I fastened the belt just he had used in the past. I paid for a private consulta- below my waist and it sat tion, but believe me - it comfortably on my hips. was worth every penny! The results were almost This doctor suggested that instant! Within an hour, I I try the Pelvie Back could truthfully say that I These are the words of Ease Belt with magnets. I tried it - and I've never you couldn't part me from looked back. And that's why I am sharing my discovery with you!

Ease Belt'

not bad - considering lem to me - and that is decades! I enjoy walks in the fact that I will cele- why he asked me to try the the fresh air ... I drive long brate my 80th birthday Pelvic Back Ease Belt. distances... I do the shopexperienced almost miracunew and different method

Radical

improvement

within an hour!

chores ... and I even go the chance to try the belt lous results using the belt - bowling ... without back and I was eager to try this pain! Remarkably, OHDER

the belt is not cum- 2 AND in my long battle against bersome or bulky. SAVE Nobody can see it and I actually forget that I'm wearing it. I

am so thrilled with the Pelvic Back Ease Belt back pain or if you are not and the benefits it has completely satisfied for any brought to my life - I wanted to share this news with the belt to us - and we'll other sufferers of chronic refund your payment in full. lower back pain "

was nearly pain-free! Now Mr Cartwright - extracted from a letter he wrote to

AND ASK FOR 50 DEPT 65B 9am to 8pm Sat-Sun NOW Send to: Windsor Health, Dept 65B, Emery House, Greatbridge Road, Romsey, Hampshire SO51 0AD The 'Pelvic Back UYES Please send me for a 3 month trial, a I enclose a cheque/PO for £ "Pelvic Back Ease Belt' for £19.95 + £3.95 payable to Windsor Health **Transformed My** insured p&p on the understanding that I can Please charge my VISA/MASTER/SWITCH/DELTA/MAESTRO **Quality of Life!** return it within 3 months for a full refund The first amazing fact I SAVE £17.00 - TWO Pelvic Back learned was that back pain Ease Belts' for £26.85 + £3.95 insured p&p start does not begin in the back! Please indicate the size and quantity required. The Note The pelvic area is where D.O.B. CUPITAL LETTERS PLEASE the trouble starts. This part SIZE OUANTITY of the body takes all the SMALL - Up to 34" waist jolts and stresses from SHOPS LARGE - 35" waist and over walking or standing - causing inflammation of the nerves. Stabbing pain travvisit www.windsorproducts.com/65B

a bit of consultancy muscles. This is how the freedom of movement I we have received from satwork from home. That's doctor explained the prob- haven't enjoyed for isfied customers! No-Risk Money

Back Guarantee Many of his patients had ping and routine household We are now offering you

> including magnets - for a full 8 months. If, after wearing it, you are

£17 not thrilled with the results. If it doesn't bring you

amazing relief from lower other reason simply return

The Belt Will Be Your Secret - It's

Invisible!

Daily Telegraph, 14 February 2009

THANK YOU

My thanks to the Museum of the Royal Pharmaceutical Society for the images used in this presentation



ATTACHTER AUGUSTER STORFTON STUART.

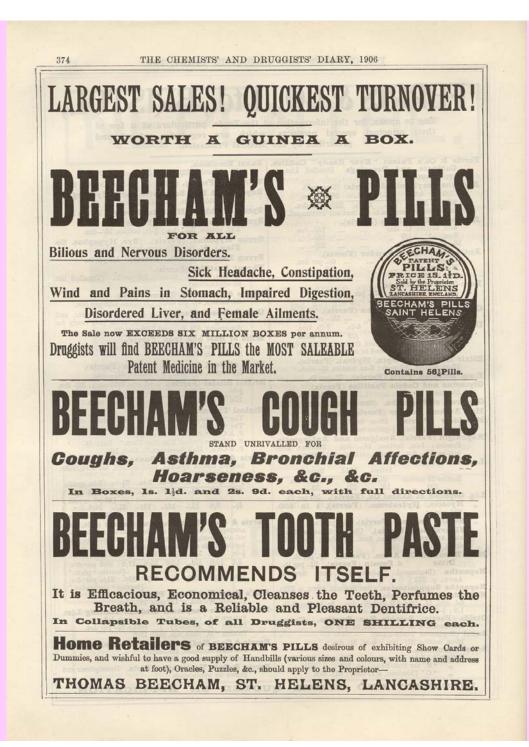
To Mr. E. BURGES. The second product of the source of the

Various Cancers, Tumours, Diseased Bones, &c., extracted by the LION OINTMENT AND PILLS; also Photographs of Cases Cured are on view at 117 High Holborn. A guarantee of their virtue.

A good sale for this remedy always follows its introduction by proof of its efficacy. Foreign Houses will do well to order samples through their English agents, also supplies of Bills, Phorographics or Cases Crush, &c., which atways ensure a connection. The Ointment is put up in air-tight, grease-proof boxes, and will keep good any length of time in any climate. The Pills are in stout wooden boxes, and also retain their virtue for years. Prices, 1s. 11d., 2s. 9d., 4s. 6d., 11s., and 22s. each.

USUAL WHOLESALE TERMS.





BEECHAM'S PILLS.

A box of these pills, advertised to be worth a guinea, is sold for 1s. $1\frac{1}{2}$ d., and the prime cost of the ingredients of the 56 pills it contains is about half a farthing.

In a circular wrapped round the box it is stated that "these renowned pills are composed entirely of Medicinal Herbs," and cure Constipation, Headache, Dizziness or Swimming in the Head, Wind, Pain, and Spasms at the Stomach, Pains in the Back, Restlessness, Insomnia, Indigestion, Want of Appetite, Fullness after Meals, Vomitings, Sickness of the Stomach, Bilious or Liver Complaints, Sick Headaches, Cold Chills, Flushings of Heat, Lowness of Spirits, and all Nervous Affections, Scurvy and Scorbutic Affections, Pimples and Blotches on the Skin, Bad Legs, Ulcers, Wounds, Maladies of Indiscretion, Kidney and Urinary Disorders, and Menstrual Derangements.

The pills had an average weight of $1\frac{1}{4}$ grains, and analysis showed them to consist of aloes, ginger, and soap; no other medicinal ingredient was found. The quantities were approximately as follows:

Aloes		 		 0.5 grain.	
Powdered	ginger	 		 0.55 "	
Powdered	soap	 		 0.18 "	
		In one	pill.		

Secret Remedies; what they cost and what they contain, British Medical Association, 1909, Page 175.

